



Stathern Star

November/December 2021

See inside for

Christmas Events

Christmas Ordering Dates

Christmas Opening Times

**Light Up Stathern Competition
and The Red Lion Survey Results**

What's On in Stathern

November

<i>Date</i>	<i>Event</i>	<i>Location and Time</i>
Wed 3rd	Gardening Club - Bonsai Trees	The Plough Inn Function Room at 8.00pm
Sun 7th	Family Service	St. Guthlac's Church at 10:30am
Wed 10th	WI Skittles in The Plough with prizes	The Plough Inn Function Room at 8.00pm
Sun 14th	Remembrance Sunday service in church followed by the Act of Remembrance in the War Memorial Institute.	St. Guthlac's Church at 10:15am and the War Memorial Institute at 10:45am
Fri 19th	Christmas Makers Market & Social	WMI at 6.00pm until 10.00pm
Sat 20th	Alphabet Quiz	War Memorial Institute at 7:30pm
Tues 23rd	Red Lion Community Group Meeting	War Memorial Institute at 7:30pm
Sun 28th	Advent Sunday Holy Communion new	St. Guthlac's Church at 4.00pm

December

<i>Date</i>	<i>Event</i>	<i>Location and Time</i>
Wed 1st	Gardening Club Christmas Dinner	The Plough Inn Function Room 7.00 for 7.30pm
Sun 5th	Christingle Family Service with presentation of Christingles	St. Guthlac's Church at 4.00pm
Sun 5th	Dove Cottage Light up a Life Service	Dove Cottage Day Hospice, 2.00-4.00 pm
Wed 8th	WI Christmas Meeting with Faith Supper	The Plough Inn Function Room at 8.00pm

Date	Event	Location and Time
Sun 12th	Holy Communion	St. Guthlac's Church at 10:30am
Thurs 16th	School Nativity Service	St. Guthlac's Church - TBC
Sun 19th	Carol Service by candlelight	St. Guthlacs Church at 4.00pm
Fri 24th	Christmas Eve Crib Service especially for children	St. Guthlac's Church at 2:30pm
Sat 25th	Short Family Service with Holy Communion	St. Guthlac's Church at 10.00am

For information, or to submit articles, please contact the team: Joan Bray 01949 860602, Sheryl Smart: 01949 860763 or email - stathernstar@gmail.com

The Village Calendar is back

Following an absence due to Covid, the Village Calendar of Events and Classes is now available on the Parish Council website via a link from the Notice Board, directly above the link to the latest edition of the Stathern Star.

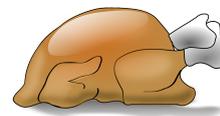
Coffee Shot and Post Office Opening Times and Last Ordering Dates over Christmas and New Year

Coffee Shot Last Ordering dates -

Turkeys and hampers - 1st December

Ham and meat - 15th December

Hambledons bread for both Christmas and New Year - 15th December (Note: bread must be collected on the 30th December as there will be no delivery on the 31st).



Coffee Shot

Opening hours:

Fri 24th December - 7.00 am - 1.30pm

Sat 25th and Sun 26th December - Closed
Mon 27th December 8.00am - 1.30pm - Coffees, papers and shop only
Tues 28th - Fri 31st December - 8.00am - 1.30pm
Sat 1st January - Closed
Sun 2nd January - 9.00am - 1.00pm

Post Office

The last visit to Stathern will be Monday 20th December, reopening on Thursday 6th January.



FRIENDS OF STATHERN SCHOOL - CHRISTMAS TREES FOR SALE

Once again we have a large selection of Christmas Trees available with prices frozen at last year's price. All non needle drop trees - larger trees available by pre order only subject to availability. We can also provide standard trees again, please contact for details.

4ft - £30
5ft - £35
6ft - £42
7ft - £48
8ft - £55



All profits go to Stathern Primary School. We will be following social distancing rules and viewing will be by appointment only. Pre ordering is highly recommended to avoid disappointment.

Contact Mary Swain on 0796608 2955 to order.

Thank you to Stathern and the wider community for continuing to support us in helping enrich the children's learning and experiences.

Christmas Posting Dates

Please note: latest recommended posting dates are correct at the time of publishing and are subject to change. Please check <https://www.postoffice.co.uk/last-posting-dates> for the latest information.



Posting dates that have already expired have not been included

UK Posting Dates

Last Date	Service
Friday 17th Dec	Royal Mail Bulk Economy
Saturday 18th Dec	2nd Class, 2nd Class signed for, Royal Mail 48
Tuesday 21st Dec	1st Class, 1st Class Signed For, Royal Mail 24, Royal Mail Tracked 48
Wednesday 22nd Dec	Royal Mail Tracked 24
Thursday 23rd Dec	Special Delivery Guaranteed

Royal Mail Tracked 48 and Tracked 24 are not available at Post Office branches

HM Forces Mail - British Forces Post Office® (BFPO)

Last Date	Service
Monday 29th Nov	Operational HM Forces
Monday 6th Dec	Static HM Forces

International Economy

Last Date	Destinations
Monday 1st Nov	Canada and USA
Friday 26th Nov	Cyprus, Eastern Europe, Greece, Iceland, Malta, Turkey
Monday 29th Nov	Western Europe

International Standard and International Tracking and Signature Services*

Last Date	Destinations
Wednesday 1st Dec	Caribbean

Monday 6th Dec	Australia, New Zealand, Greece, Italy and Portugal.
Wednesday 8th Dec	Africa, Central and South America, Asia, Far and Middle East
Friday 10th Dec	Cyprus, Sweden and Malta
Saturday 11th Dec	Eastern Europe (except Czech Republic, Poland and Slovakia), Turkey
Monday 13th Dec	Canada, Czech Republic, Finland, Poland and USA
Thursday 16th Dec	Austria, Belgium, Denmark, France, Germany, Iceland, Ireland, Luxembourg, Netherlands, Norway, Slovakia, Spain, Switzerland

The Red Lion Community Group

Before we get onto the details of the Survey Results and a quick update of what we are doing.....

The Red Lion Community Group would like to invite you to a special open meeting, on Tuesday 23rd November at 7.30pm in the WMI, to hear about the business plan for the Red Lion and our plan for issuing shares. We are hoping to live stream this event so that anyone not able to attend in person can still listen to the plans and ask questions. Please do join us - this is YOUR village and YOUR opportunity to make Stathern an even more vibrant, sustainable and forward-looking place to live!

Survey Results

From the end of August through to October we conducted a survey of the village and the wider community about The Red Lion and its future. The survey was important because it would enable us to join The Plunkett Foundation which offers substantial help to its members. It would also inform our Business Plan which is vital for gaining funding.

Thank you to everyone who filled in the survey. We have had a magnificent 222 responses. Here is a summary of what you told us! We would have liked to

have set this out with glorious technicolour graphs, but unfortunately that wasn't going to work in the Star!

1. If the community were to take on the Red Lion, what sort of pub should it be?

*59% of respondents thought it should be a Gastropub or Destination Pub
22% of respondents thought it should be a Real Ale Pub offering basic food
9% of respondents thought it should be an ordinary village pub offering basic food.*

Everything else and own individual ideas made up the remaining 10%

2. Bearing in mind that we still have 'The Plough' operating in the village, how important is it to have a second pub in the village of the type that you chose in Question 1 on a scale of 1 – 5 (where 1 is not important and 5 is very important)?

*1 = 7%
2 = 2%
3 = 20%
4 = 19%
5 = 52%*

3. If the Red Lion became the type of pub you chose in Question 1, how often would anyone in your household use The Red Lion if it were open?

*1% Daily
13% 2 – 3 times a week
29% Once a week
17% Once a fortnight
20% Once a month
18% Occasionally
1% Not at all*

4. What would you particularly like to see the Red Lion offer so that it differentiates itself from The Plough?

This was an open-ended question, and 175 of our 220 respondents gave us their thoughts, so we had 175 different answers – we don't think Joan and Sheryl would be impressed if we reproduced all of them here! However, there were a few themes that came through on many of them:

- Quality food*
- Family-friendly*

- *Real ales and good wine*
- *Welcoming and friendly ambience*
- *Upmarket*
- *Community events*

5. What would be your main reasons for using The Red Lion in the future? (Select all that apply). As you could tick multiple boxes and add other reasons in, there was again a great variety of answers. However, the top three were:

Eating out – 177 people ticked this

Socialising and drinking with family – 151 people ticked this

Special occasions and celebrations – 125 ticked this

6. What additional services would you like to see the pub offer? (Select all that apply)

The top three out of the suggested answers were:

Live music – 95 people ticked this

Take away food and drink – 93 people ticked this

Fundraising for charity – 88 people ticked this

Yet again, a wide variety of answers in the ‘other’ section. There were some great ideas in here, so we sincerely hope that we are able to get to a point where we can implement some of them. They included: a farmer’s market, murder mysteries, relaxed folk evenings where anyone can bring an instrument and join in, meet ups for community groups or for those who are lonely, guest chefs, local brewery nights, opportunities for local talent etc, etc.

7. When would you like to see food served?

Only six respondents said that food wasn’t important to them. Virtually everyone else ticked weekends for food, with only slightly fewer ticking weekdays. Most people also wanted to see food being offered both at lunchtime and evenings. What did differ significantly was which weekdays it should be open and the exact timing of when it should be open. These are decisions for slightly further down the road!

8. Please let us know how many people are in your household.

- *15 households had 1 child under 18*
- *31 households had 2 children under 18*
- *10 households had 3 children under 18*
- *1 household had 4 children under 18*

- o 21 households had 1 adult aged 18 – 65
- o 117 households had 2 adults aged 18 – 65
- o 13 households had 3 adults aged 18 – 65
- o 5 households had 4 or more adults aged 18 – 65

§ 20 households had 1 adult over 65

§ 48 households had 2 adults over 65

9. Where do you live

- 143 households lived in Stathern
- 57 households lived elsewhere within 5 miles
- 12 households lived elsewhere within 10 miles
- 5 households lived further afield

10. Would you or anyone in your household be interested in helping a Red Lion community project during Stage 1 (putting a bid together).

We had 103 offers of help, most of which were financial, with 38 offers of practical help. Some of the help we cannot use straight away, but could be really useful for the future. Help offered included experience in the pub trade, media, accountancy, plant hire for free, photography etc. Our thanks go to everyone who has offered. These people are now on a special mailing list so that we can go out to this list when we need specialist help.

11. Would you or anyone in your household be interested in helping a Red Lion community project during Stage 2 (buying the Red Lion following a successful bid)?

80 people were interested in buying shares

11 people would consider making a loan

26 people would consider making a donation

Whilst there were bands of values, it looks like we would be able to raise from £130K to £200K in this fashion.

12. Would you or anyone in your household be interested in helping a Red Lion community project during Stage 3 (running the Red Lion following a successful purchase)?

55 people responded positively to this.

Thank you to all those who pledged financial or other support in one way or another or who gave us their email address so that we could keep them informed of progress. We currently have 93 people on this mailing list.

A general update on other things we have been doing:

- We are now meeting weekly to get our bid together.
- On the basis of the survey results, we have been able to become members of the Plunkett Foundation (which helps communities acquire community facilities, which will give us access to all sorts of help)
- The estate agents have allowed us access to have a look inside the pub and take photos, and by the time you read this, our valuer will have had the opportunity to assess the pub properly
- We have set up a bank account and are continuing to receive money to help put the bid together
- We have visited The Thorold in Marston and The Air Hostess in Tollerton, both of which are up and running as viable community pubs and are receiving help and advice from them as well as from CAMRA which has a wealth of useful information
- We have set up a website <https://www.savetheredlionstathern.com> and also a facebook page #savetheredlionstathern
- We are setting up as a Community Benefit Society as a legal entity so that we have the power to offer shares and put in a bid.
- We have set ourselves a deadline of 1st December to enter a bid to purchase the pub - the moratorium period during which we have to submit a bid ends on 6th December.

Report compiled by Sally Fagan on behalf of the Red Lion Community Group.

Chair: Bridget Green, Email: RedLionCommunityGroup@gmail.com

STATHERN WMI VILLAGE HALL INVITES YOU TO

CHRISTMAS MAKERS MARKET & SOCIAL

Local crafts including jewellery, candles, soaps, interiors,
textiles and more!

**Let's all catch up, shop local and drink
together.**

NOV 19TH • 6:00-10:00PM

STATHERN WMI, 19 MAIN STREET,
STATHERN, LE14 4HW



Mulled wine/wine, beer, hot &
cold soft drinks, mince pies and cakes



ALPHABET QUIZ

with guest quizmaster Brian Thompson
Runner-up in BBC Radio 4's Brain of Britain 2018 and
winner of BBC Radio 4's Counterpoint 2019

A B C D E F G H

I J K L M N O P

Saturday 20th November 2021
War Memorial Institute, 7.30pm

Tickets £15 p.p. to include supper
Maximum 6 to a team
Licensed bar
Music by DJ Tom Watkinson
Proceeds towards St. Guthlac's Church repairs.

Tickets from:

Margaret Bloor: 01949 869423 or email margbloor@aol.co.uk or

Sally Fagan: 07967 699614 or email fagan@dircon.co.uk

Various payment options available

Stathern Connect

Looking for a little
free friendly
help with your
smartphone,
tablet or laptop?

Wednesdays 1-3pm
WMI Village Hall



 07801 970883

Stathern's Community Groups have joined forces again this year
www.Facebook.com/groups/StathernCommunityGroups

Christmas 2021

"Let's light up Stathern"

Annual 'Christmas Lights' Competition
..... win an engraved Trophy and Fizz

Free Entry Simply decorate your house/garden and light up your display from 6-10pm on Sunday 12th December to be automatically listed on the Voting Sheet



Enjoy the lovely
**Christmas tree on the
Chapel Lane paddock**

With thanks to the Hawkins & Mills families

Community Heartbeat Trust - Dove Cottage Day Hospice - Friends of Stathern School (FOSS)
Royal British Legion - St Guthlac's Church - Stathern Gardening Club
Stathern Recreation Association (SRA) - 'War Memorial Institute' (WMI) Village Hall - Stathern Women's Institute

Printing kindly donated by 

Village-wide Vote

One vote per person (including children).
Pick up a Voting Sheet, which lists all the entries by street name, from the Coffee Shot - or download it from the Facebook group above

7 Days to Choose

Stroll around the village with your Voting Sheet between Monday 13th - Sunday 19th December and pick your top 3 favourite displays. Then drop your completed Voting Sheet back to the Coffee Shot or WMI post box by midnight on Sunday 19th December

Winner Announced

on Monday 20th December with a doorstep presentation of the second, annually-awarded, engraved Trophy - and Fizz!

 SILVER

SANTA FUN RUN & WALK

DECEMBER 2021



 Choose your own route and distance - why not base it around the number 25 to help us celebrate our 25th anniversary?!

 Put on your Santa suit (or festive outfit) and run, ride, walk, skip, jump, cycle or jog your way to help raise funds for Dove!



Raise a minimum of £25 sponsorship and receive a limited edition 25th anniversary pin badge! *

* whilst stocks last

For more info and to register visit:

www.dovecottage.org/santa-registration

 01949 860303

 fundraising@dovecottage.org

 @DoveCottageDayHospice

Macmillan Coffee Morning

Once again a very big thank you to Charla Forinton who organised a coffee and cake morning to raise money for Macmillan. A fantastic £810 was raised. Thank you again for organising this Charla and to everyone who helped with baking some fantastic cakes.



Dove Cottage Light up a Life Carol Service

Join us for a lovely celebration of life at our Light up a Life Carol Service. The service will be held on the 5th December to commemorate the actual day, 25 years ago, when Dove Cottage welcomed its first guests. The musicians of the Salvation Army will lead the carols, and we will add to the festive spirit with warm mince pies, mulled wine, hot chocolate, Christmas craft stalls and twinkly lights around the hospice. There will also be the opportunity to light a candle in memory of a loved one, should you wish to. Please do join us, this is an open celebration and everyone is welcome.

Dove Cottage Day Hospice, Canal Lane, Stathern, Melton Mowbray, Leicestershire, LE14 4EX

Sunday, 5th December, 2.00-4.00pm

This is a free event, but to help us estimate our numbers for catering purposes, please register your intended attendance via email to fundraising@dovecottage.org by the 30th November.

Sthern Primary School are hoping to hold their Nativity Service in St. Guthlac's Church on Thursday 16th December - Details are to be confirmed.



Bonfire Night

If you are planning on having a Bonfire this Bonfire Night, then please check carefully for hedgehogs before lighting as they may be hibernating in the wood pile or in a pile of fallen leaves nearby.

There are a lot of new pets, particularly puppies & young dogs in Sthern who may not have experienced firework noise before and may be scared. The PDSA offers the following advice to help your pet cope:-

What should I do to help keep my cat or dog calm during fireworks?

- Take your dog for a walk before dark, well before fireworks are due to begin, to avoid scaring your dog.
- Don't pick up cats or restrain them if they are scared: cats prefer to control how they cope.
- Keep doors, windows and cat and dog flaps closed.
- Draw the curtains and play music with a repetitive beat to help mask the sounds.
- If your pet prefers to go away and hide, let them. Leave them alone and don't try to comfort them – this is your pet's way of coping.
- If your pet seeks reassurance from you in stressful times, comfort them as you would normally.
- Stay calm. Keep your tone, mood and behaviour as normal as possible. If you get very anxious or comfort your pet more than usual, this can make your pet more unsettled.
- Never punish your pets. It's not their fault they're scared, and it adds to their anxiety.
- **Get your pet microchipped** and ensure your details are up to date - if they **run away from home**, there is more chance you will be reunited.
- Feed a **calming pet food** or **supplement** to help manage your pet's stress and anxiety.

Sathern Chat

If you are new to the village then join our village WhatsApp group. It is a very active group and if you want to know who provides logs, local chimney sweeps or where the nearest Bonfire Party is then someone is bound to have an answer. There are lots of free items looking for new homes, items for sale and local information such as whether the post office is open or not as well as information and reminders about village events. There are currently about 160 villagers using this so contact Alison on 07801 970883 and join us.

If you don't have the WhatsApp app yet or don't feel confident in using it then come along to the WMI's Connect session on a Wednesday afternoon and we will be happy to help you.



POPPY APPEAL

If you would like to contribute to this year's appeal, collection boxes are available at The Coffee Shot, The Plough Inn, Dove Hospice and the Tea Rooms, Bailey's Yard and Sathern Primary School.

STATHERN | HOUSING | MATTERS

A quick-fire round-up of housing matters in Stathern

1. [STAT1 Land West of Main Street - 74 houses \(Davidsons\) - 19/01302/FUL](#)

Pre-commencement conditions are now coming forward for comment and decision. See <https://www.stathernparish.co.uk/stat-1-west-of-main-st> or search using '19/01302/FUL' to find them in <https://pa.melton.gov.uk/online-applications/> - Stathern Parish Council's webpage states "... the developers hope to have works beginning in October. The first phase will be the construction of the surface water holding area, the main drains, road construction and compound area. This is before the work starts on the houses and is expected to take approximately 8 weeks. There will be some piling required, this will create some noise in the area, we will post the date for this work when it is available " - visit <https://www.facebook.com/Stathernparish> or see the Parish Council notice board on Main Street opposite the WMI Village Hall.

2. [Blacksmith End – 9 houses – 19/01193/OUT](#) The judge's decision in the case of Melton Borough Council's s.288 statutory challenge at the High Court on 7th October is awaited. This s.288 statutory challenge is to the Planning Inspectorate's Appeal decision in February 2021 to allow the development of 9 houses on a Reserve Allocated Housing site. If the judge at the High Court hearing dismisses MBC's challenge, the approval for the 9 houses stands. If the judge allows MBC's challenge, the application goes back to a new Planning Inspectorate appeal hearing, to be re-heard. A record of the mistakes the High Court adjudges to have been made in the first appeal will be written up, so they can't be made again at a new appeal.

3. [Demolition of existing barn and 2 existing dwellings and their replacement with 3 new dwellings | Field End 10 The Green Stathern - 21/01035/FUL](#). This proposal is for the existing barn and semi-detached dwellings to be demolished and replaced with a 3-bedroom, 2 storey house; and two 2-bedroom bungalows. It follows the unsuccessful applications below in the same general area. This latest application has received 26 comments, all objections.

4. [Red Lion Inn - single dwelling plus 7 to the rear - 20/01482/FUL](#)

This application was withdrawn in August, although the notification has only recently been posted on Melton's planning portal. Meanwhile, the Save the

Red Lion community group has received over two hundred survey/questionnaires from the local area and is “now concentrating on raising funds through donations, grants, loans and an exciting opportunity to own part of the pub through the purchase of shares” to create a suitable bid that will be acceptable to the owner. For more about the group see www.SaveTheRedLionStathern.com or visit www.facebook.com/redlioncommunitygroup

5. Tofts Hill/Field OS 5000 – Demolition of redundant barns and their replacement with a single dwelling house (Class C3) | Field OS 5000 And 5812 Tofts Hill Stathern - 21/01060/FUL. This new proposal follows the latest refusal of full Planning Application 20/01095/FUL on 14 December 2020 and the subsequent dismissal of the appeal, dated 1 July 2021. The site has had a number of failed planning applications and appeals.

6. Planning Applications <https://pa.melton.gov.uk/online-applications/>
Search online using the above link using either the reference numbers listed or using ‘Stathern’ to find the applications and supporting documents.

- **MBC Duty Planning Officer:** 01664 502427 (M-F 9 – 5pm) or email developmentcontrol@melton.gov.uk
- **Commenting** on applications can be made online via the application, or by post. Whilst there is a stated deadline for public comment, they are often taken into account right up until the final report with the decision is produced. Post to Development Control at: Parkside, Station Approach, Burton Street, Melton Mowbray LE13 1GH or by email developmentcontrol@melton.gov.uk
- **Note:** the items above all relate to buildings but there are still a number of tree applications (which can be seen under a search for ‘Stathern’ as above: an application to MBC is required for any tree work in the Conservation Area.

Stathern Housing Matters is an informal, voluntary email newsletter set up to share information on housing related matters in Stathern. To join the SHM database, contact Alison Shelton on 07801 970883 or email Stathern.Housing.Matters@gmail.com. All recipients are blind-copied for confidentiality. *NB: Any opinion expressed in SHM newsletters is my own and does not reflect the position of any other person or organisation.*

WAR MEMORIAL INSTITUTE



Stathern WMI Village Hall

"The Little hall with a Big heart"

'The Little hall with a Big heart' continues to pulse with energy as we emerge from lockdown into more social times. In addition to the return of our regular activities - Line Dancing, Pilates, Tai Chi and Yoga classes, Belvoir Dance Academy, Playgroup, Art Class - we are pleased to say that we have hosted the first post-lockdown Birthday Party, with two more children's parties booked.

The free weekly Wednesday IT 'Connect' sessions, manned by friendly volunteers from the village, have now provided one-to-one help-slots for 50 people and delivered 'how-to' presentations entitled '10 Things you can do with your iPad' and 'WhatsApp it all About' on messaging basics. Just turn up between 1.00 – 3.00pm or book a half-hour session to be sure of your slot.

The welcome return of village events at the WMI continues the trend including St Guthlac's ever-popular mid-October Harvest Lunch and their Alphabet Quiz on 20th November; a Community Heartbeat defibrillator training session; and Stathern Women's Institute's Fashion Show on 26th October and their 59's Community Lunch in February.

Make a note in your diary for the WMI's 'Christmas Makers Market and Social' event on 19th November 6.00 – 10.00pm. Local crafts including jewellery, candles, soaps, interiors, textiles and more! Let's all catch up, shop local and drink together with mulled wine, wine, beer, hot and cold soft drinks, mince pies and cakes on offer.

And finally, our thanks go to Roger & Barbara Hawkins and Dean & Elaine Mills for kindly providing the paddock and the electricity to once more host the village's big Christmas Tree at the beginning of December, signalling the start of the 'Let's Light up Stathern Christmas Lights Competition 2021'. The WMI, along with several of the village's other community groups, will coordinate the competition in which the entries are all voted on by the village. With new residents now settled in at last year's winning entry 'Folville House' in Main Street, there's some pressure building - it's time for everyone to get planning their lights, the trophy is awaiting!

For details of any of the classes or the next events at the Stathern WMI Village Hall see the Notice Board outside the hall or www.facebook.com/StathernWMI, the Village Calendar or contact us direct on wmiquery@gmail.com 01949 833508 or 07801 970883.

STATHERN WOMEN'S INSTITUTE

It is with absolute joy to be able to report that the WI are now meeting as normal once again.

The 'joyfulness' commenced with our September meeting where we were entertained by the one and only Stuart Scarborough from Scarborough Fayre Seafood... on 'A Day in the Life of a Pantomime Dame' oh yes we did!! Stuart arrived in costume and let us into the secrets of life as a Dame!

Our October meeting was also brilliant with a cookery demonstration by our President, Mary Hughes. Mary is a very talented and competent cook and deftly produced some amazing tasting dishes during the evening and introduced us to sauces and ingredients that many of us will be hunting out! Mary has had several recipe requests so expect to experience some lovely cooking smells around the Vale!

Our annual 59's lunch will now be early in the new year as we feel that we would rather delay this until after the new year when people may feel safer and more confident about venturing out in larger groups. Invitations will follow.

Bridget has been working hard on the calendar of events for next year and we have some exciting evenings coming up. Details next time!

Dates to watch.....

10th November Skittles in The Plough with prizes

8th December Christmas Meeting with Faith Supper

We have a thriving and wonderful WI in our village which we should be proud of as sadly there are a number of local villages which have lost theirs. We are also pleased to welcome several new members. Keep safe everyone!

Find us at The Plough on the 2nd Wednesday of the month.

Any queries of questions about joining please contact:

Karen.mathias@btinternet.com or maryjhughes1@yahoo.co.uk or any Committee Member

GARDENING CLUB

The Show last month was a great success. Lots of you from the village and beyond turned out to enjoy the beautiful weather and an excellent lunch. Well done to all those of you who provided some great entries of produce, arts, crafts and cooking.

The Quiz and Supper Night at The Plough in October was very well attended and we were delighted to welcome several of our new members to the event. Bob, as usual, came up with a fun and challenging set of questions and the sausage and mash supper was appreciated by everyone.

November will bring our first speaker for some months when Corin Tomlinson will introduce us to the art of growing and training bonsai. The Flower of the Month competition will be 'the last rose of summer' so please bring along some lovely blooms from your gardens. Hopefully even more of our new members will be able to attend this meeting. During the evening we will be taking names for the Christmas Dinner on 1st December at The Plough. Already there has been a lot of interest so please get your name down as soon as possible.

Sarah has produced a great programme for 2022, including speakers, garden visits and an annual outing. A copy will be available as soon as it is finalised. Annual subscription remains at £5 per person and will be collected at the meeting on 5th January 2022.

It has been suggested that we introduce a new element into the meetings – a plant sharing table. You can bring along any excess plants, cuttings, tubers, etc. that you can't find a home for after your autumn tidying, to share and swap with others in the Club.

Look forward to seeing you on the 3rd November at 8.00pm in The Plough Inn.

ST. GUTHLAC'S CHURCH West Vale of Belvoir Group of Churches

VICAR

Revd. Jamie Mackay, 1 Church Lane, Old Dalby, LE14 3LB

Tel: H. 01664 823 475, M. 07946 895 858,

Email: revjamiemackay@btinternet.com

If you have any enquiries please contact:

Mary Briant, 8 Valebrook Road, Stathern, LE14 4EB

Tel: H. 01949869448, M. 07773164662,

email: marybriant@aol.com

As we begin to approach Christmas, we remember in November those from our village who sacrificed their lives for our country in the two Great Wars of the last century. Then in early December we welcome Christingle (remembering the world, the four seasons, and Jesus the light of the world and his blood shed for us). Finally, Christmas is with us – the birth of Christ, the nativity, carols, presents, celebrations, goodwill, and fun. Do join us at St Guthlac's for these services and celebrations. Please note that evening services have switched to 4.00 pm for the winter months. Full details of services are in the Village Calendar at the beginning of the Star.

Brief church notes

- The very successful Horticultural Show on the 3rd September made a surplus after all payments of £2388, most of which substantially benefited the church. This enabled us to install a modified and more reliable lighting system using low energy bulbs to reduce our carbon footprint and also install wi-fi boosters in the church.
- Linzi Shaw undertook her annual sponsored cycle ride around churches on 11th September for *Ride and Stride* raising £180 shared between the church and the Leicestershire Historic Churches Trust.
- On 18th September our church bells rang out for the marriage of Karen Mathias and Matt White. It was a joyous occasion and we wish them every happiness.
- On Sunday 26th October a choral evensong was held in the church and relayed by Zoom to anyone who wanted to receive it. The Vale Choir, under Richard Headley's direction, and Martin Rhodes as organist, provided a full sung service which has not been performed in our church for 20 or so years.
- The concert on 2nd October by the Brazilian classically trained guitarist Estevao Devides was a great success and raised £670 for church funds. The interval canapes were also brilliant.
- Our flower arrangers did a wonderful job with the decorations for our Harvest Festival on 3rd October. The village school children brought a large number of food gifts to their Harvest Service in church, all of which have been donated to the Grantham Foodbank.

- On Sunday 17th October, 48 persons sat down to an exceptionally tasty 3-course Harvest Lunch in the WMI. The raffle raised £105 and added to the collection from the church Harvest Festival, we were able to send £190 to our chosen harvest charity, *Self Help Africa*. This charity provides agricultural projects in East and West Africa and in 2020 impacted on 2.5 million lives.
- The talk at the Remembrance Service on 14th November in the WMI will be about the war exploits of Bill Shipman of the Leicester Regiment who in WW2 fought in North Africa, Sicily and Italy and survived.... but only just! **Please wear a mask at the service in the WMI**
- We are looking forward to the Alphabet Quiz in the WMI on 20th November. Details are elsewhere in the Stathern Star. May the best team win, and no sneaky looks at the iPhone for answers!
- Our Christmas Carol Service will be a wonderful event with favourite readings and carols by candlelight. We will then feel that Christmas has really started.
- And on Christmas morning, while the turkey is cooking, Revd Simon will take our usual short Family Service carols followed by a short celebration of Holy Communion.

NEIGHBOURHOOD WATCH SCHEME



STATHERN NEIGHBOURHOOD WATCH SCHEME is dedicated to improving community safety through the exchange of information relating to criminal and antisocial behaviour. We are in contact with the police, the Parish Council and other NHW schemes throughout the Vale and therefore receive information

as to what is happening in and around our surrounding area.

HOW TO SIGN UP FOR EMAIL ALERTS: Please consider signing up for the email alerts and updates sent by Stathern NHW scheme. All emails will be sent 'blind' to keep your email address confidential.

Email stathernnhw@gmail.com

Internet, email and mobile phone fraud.

Mobile phone scams

Smartphones are mini-computers, so take all the same precautions with them as you would with your own computer at home.

What you should know

If you use an online banking app, only use the official app provided by your bank. If in doubt, contact your bank to check.

Only download apps from official app stores, such as:

- Apple iTunes
- Android Marketplace
- Google
- Play Store
- BlackBerry World

Downloading them from unofficial or unknown sources could infect your phone with a virus.

Keep your phone's operating system updated with the latest security patches and upgrades. Your operating system provider normally sends these.

Never give your mobile banking security details, including your passcode, to anyone else and don't store them on your phone.

For added security set up a password or PIN to lock your mobile.

Just like on your computer, you can get antivirus tools for your mobile; use a reputable brand. Some banks offer free antivirus software for their customers' phones. Check your bank's website for more information.

Be wary of clicking on links in a text message or email. **Don't respond to unsolicited messages or voicemails on your phone.** Your bank will never email or text to ask for your PIN or full password.

Examples of mobile phone scams

Text scams offering you money for an accident you may have had is often a ploy to get your personal details. Don't reply, even by sending a 'STOP' text. Simply delete the message.

You may get a text or advert encouraging you to enter a competition for a great prize. The scammers will charge extremely high rates for the messages you send them, as high as £2 per text message. Don't reply.

'Trivia scams' involve you answering general knowledge questions to win a prize. The first few questions will be very easy, so you keep playing. But the last one or two questions you need to answer to claim your 'prize' could be very difficult or even impossible. If you try to claim your prize, you may have to call a premium-rate number, often beginning 0906. You then have to listen to a long recorded message, designed to keep you on the line. It's highly unlikely there'll be a prize at the end of it. Don't phone back to claim.

'SMiShing' (SMS phishing) is when a scammer texts asking for personal or financial information. The message may appear to be from a legitimate company, like a mobile phone provider, **but legitimate companies never ask you to provide sensitive information by text.** Don't reply to these texts. Simply delete them.

Unless you're using a secure webpage, don't send or receive private information when using public WiFi. And be aware of who's around you when using a mobile device to go online.

For more information and help and to report this and many other types of fraud, visit [Action Fraud](#) the UK's national fraud and cybercrime reporting centre.

Mass market fraud or scam mail

The sophistication of mass market mail and online fraud and scam mail can vary enormously but as a general rule, if something seems too good to be true, it probably is.

Many people in the UK, particularly the elderly and vulnerable, are lured by the prospect of a surprise win, and give large amounts of money or personal data to claim their fake prize.

Examples of scam mail

The most common mass-market fraud, the fake prize scam, is where you get a message by post, email or text saying you've won a prize or competition, usually one you've never heard of. The message asks for an upfront payment to claim the prize, which either never arrives or is very different to what was promised.

'Psychic' and 'clairvoyant' scams set up victims for a fake prize scam. In this situation, a 'psychic' sends the victim a list of 'lucky' lottery numbers. Soon afterwards, a letter arrives telling the victim they've won a lottery with those exact numbers. Of course, this is all part of the scam.

You may receive unsolicited mail advertising 'high quality' or 'exclusive' goods, which in reality are poor value for money.

Another mass marketing scam is to offer a share of a cash prize that you can only get by ordering goods. The goods are usually very poor quality and the cash prize is never mentioned again.

Also be wary when sending money, or receiving money from someone you don't know and trust. This may be a ploy by a scammer to get you to pass money through your bank account that's stolen from another victim's account. If you do this, technically you're money laundering and being a 'money mule' for the scammers. If convicted of money laundering you could be sent to prison. Having a criminal conviction can make it harder to get financial products or get a job.

It can only take a single response to a scammer to be inundated with more scam mail. Your name and address will be included on a 'suckers list' and you'll get lots of scam mail every day.

Remember, you:

- can't win money or a prize in a lottery you haven't entered
- can't be 'chosen at random' from a list you didn't sign up to
- should never have to pay a fee or make a purchase to claim a legitimate prize

Internet scams

Many internet scams take place without the victim even noticing. Scammers put programs on your computer that can steal, wipe or lock your data. To prevent this, have antivirus software and a firewall installed on your computer, and keep it up to date.

Take the precautions below and use common sense to avoid becoming a victim.

What you should know

Any email you get from someone you don't know is likely to be spam, especially if it's not addressed to you personally and promises you some kind of gain.

Scammers defraud people using spam emails. Simply delete the email without opening or replying to it, otherwise the scammer will send you more and more emails from lots of different addresses.

If you get an email with an attachment, apparently from someone you know, but it's not the usual sort of message you get from them, don't open the attachment. Contact the person who's supposed to have sent it and confirm it's genuine. The email may have been infected with a virus and forwarded through their address book.

Online marketplaces can be a lot of fun and can save you money but they're also used by scammers. Scammers will try to steer you away from online sites and get you to use unusual payment methods, such as money transfer agents or e-money, a digital equivalent of cash.

The most common scams at the moment are for:

- concert and event tickets
- apartments, residential and holiday lettings
- dating and romance
- vehicles for sale or hire (especially if they deliver the hire vehicles to you)

Adverts and websites can be very sophisticated so do some research to make sure everything makes sense. Always think about your personal safety when meeting anyone you've only talked to on the internet. Be careful of official-looking but bogus websites that claim to help you apply for passports, visas and driving licences.

There are lots of ways scammers gain personal or financial information from their victims, such as:

- phishing, where an email that seems to be from a legitimate company asks you to give your personal details
- vishing, where either an automated phone message or a cold-caller who seems to be from a legitimate company asks you for personal details
- spear phishing, which focuses on an individual or department in an organisation; the email appears to come from a legitimate organisation

Using these methods, scammers ask for information such as login details and passwords, or install malware on your computer. **As a general rule, never give your personal or financial details to anyone unless you know and trust them.**

For more information and help or to report on this and many other types of fraud, go to [Action Fraud](#) the UK's national fraud and cybercrime reporting centre.

HARVEST LUNCH RECIPES

Following the success of the Harvest Lunch in October, people have asked for recipes for some of the dishes. So to start the ball rolling Sally Fagan has kindly provided the recipe below:-

Fish in Orange and Cider Sauce

4 fillets of white fish (cod/haddock/hake)
1 orange (plus additional orange for garnish if desired)
1 medium onion
Black pepper
150ml medium-dry cider
115ml fish stock
2 x tsp chopped coriander
Coriander to garnish

Place the fish in an oven-proof dish. Pare the rind from the orange and cut into long thin strips. Place on top of the fish with the finely-chopped onion and season with black pepper.

Mix 2 tbs of squeezed orange juice with the cider and fish stock. Pour over the fish, cover and bake in the oven at 190 degrees for 20 – 25 minutes or until the fish is cooked through.

Remove the fish and orange strips and place on a serving dish and keep warm or pour off the cooking liquid into a small saucepan with the onion. Boil the liquid rapidly for about 5 minutes or until the liquid is reduced by half. Pour over the fish and sprinkle with the chopped coriander. Garnish with coriander sprigs and orange slices.

More recipes in the next edition of the STAR.

IF SOMEONE COLLAPSES FOLLOW THESE INSTRUCTIONS

- D**  **DANGER ENSURE THE SCENE IS SAFE**
FOR YOURSELF AND OTHERS. IF IT IS NOT SAFE OR YOU ARE UNCERTAIN CALL 999 AND WAIT FOR HELP TO ARRIVE
- R**  **RESPONSE CHECK THE CASUALTY NEEDS HELP**
CHECK RESPONSE BY **TALK AND TOUCH**.
SPEAK TO THE CASUALTY IN BOTH EARS, TAP COLLAR BONES. DO NOT SHAKE THEM!
- S**  **SHOUT SHOUT FOR HELP**
IF THE CASUALTY DOES NOT RESPOND, SHOUT FOR HELP.
DO NOT LEAVE THEM AT THIS STAGE. **DIAL 999 NOW!**
- A**  **AIRWAY ENSURE AIRWAY IS OPEN AND CLEAR**
OPEN THE AIRWAY BY LIFTING THE CASUALTY'S CHIN AND TILTING THEIR HEAD BACK. DO NOT PUT YOUR FINGERS IN THE CASUALTY'S MOUTH, YOU MAY PUSH AN OBSTRUCTION FURTHER DOWN.
- B**  **BREATHING LOOK FOR NORMAL BREATHING**
KEEP THE HEAD TILTED BACK & LOOK TO SEE IF THE CHEST IS MOVING FOR 10 SECONDS. DO NOT PLACE YOUR FACE CLOSE TO THEIRS TO CHECK. IF THE CASUALTY IS NOT BREATHING NORMALLY OR YOU HAVE ANY DOUBT, **CALL 999!**
- C**  **COMPRESSIONS NOT BREATHING NORMALLY? START COMPRESSIONS!**
PLACE A CLOTH OR COVER LOOSELY OVER THE PATIENTS MOUTH. THEN PLACE YOUR HANDS IN CENTRE OF THE CASUALTY'S CHEST AND PRESS DOWN HARD. JUST DO COMPRESSIONS, NO BREATHS. PUSH TWICE PER SECOND
- D**  **DEFIBRILLATION GET SOMEONE TO FETCH A DEFIBRILLATOR**
IF YOU ARE ALONE DO NOT LEAVE THE PATIENT, DO CHEST COMPRESSIONS AND WAIT FOR HELP TO ARRIVE, IF SOMEONE IS AVAILABLE SEND THEM TO GET YOUR NEAREST COMMUNITY DEFIBRILLATOR 

0330 124 3067

  Comheartbeat

 www.communityheartbeat.org.uk

Registered Charity
No. 1132824



GET IT ON
Google Play

SEE HOW EASY IT IS TO USE AN AED



A new business opening in Melton in November is **A Little Less Waste** by Stathern's Lucy Stone. If you would like to find out more then have a look at the website, email her at lucy@alittlelesswaste.co.uk or visit at Melton Wellness House, 29 Burton Street.



OPENING 13TH NOVEMBER

We are bringing a new sustainable way of shopping to the heart of Melton Mowbray.



Visit us to refill a range dry food, household and personal hygiene products.

Find out more: www.alittlelesswaste.co.uk

 A Little Less Waste

 @lucylesswaste

Eastwell History Group

Beekeeping Talk. A talk will be given by beekeeper Paul Taylor from Scalford on Thursday 11th November at 7:30pm in Eastwell Village Hall. There will be a £3 charge to non-members.

Annual General Meeting Wednesday 24th November – Eastwell Village Hall 7:30pm. We will welcome anyone who would like to take part in the running of the group. Nominees and volunteers will be accepted and welcome on the night.

Pub Quiz. This is booked for Saturday 15th January 2022 at 7:00pm in Eastwell Village Hall. There will be a charge of £7:50 per entry, to include supper.

VALE MEDICAL GROUP

Vale Medical Group, covering Long Clawson and Stackyard surgeries, is re-structuring its Patient Participation Group (PPG). In the light of the changes taking place in primary care it is important that the PPG fulfils its objective to *'promote and sustain co-operation between the practice and patients to the benefit of both'*. An interim Chair and Vice Chair have been appointed and the group is actively seeking new members, particularly amongst young families. The group would also welcome youth members with an interest in the broad aspects of healthcare.

An early initiative has been to arrange the publication of activity statistics. The figures for September are

- 10,571 answered phone calls (481 per day)
- 5,140 appointments (234 per day)
- 2,009 face to face appointments
- 13 hours of clinicians' time wasted due to patients not attending their appointment

The PPG meets around four times a year, with interim informal discussions more frequently. If you are interested in joining the group or would like more information, contact John Wood, interim Chair, at johnrwood46@gmail.com.
Tel: 01949 861836 or 07970 987810

CONTACT NUMBERS

<p>Baby and Toddler Playgroup Alice Tranfield(07756 686682)</p>	<p>Speedwatch Judith Daws (860138) e-mail: judithdaws@f2s.com</p>
<p>Belvoir Dance Academy (07786 545113) Clare Calder (Ballet, tap & modern)</p>	<p>St Guthlac's Church PCC Roger Hawkins (860215) Mary Briant (869448)</p>
<p>BelvoirCare(event first aid & training) Martin Fagan (01949 898333) training@belvoircare.com</p>	<p>St Guthlac's Bell Ringers Roger Hawkins (860215)</p>
<p>Belvoir Vale Bowls Club Stephen Bacon (07870 327568)</p>	<p>Stathern Gardening Club Bob Wadsworth (861432)</p>
<p>Belvoir Vale Tennis Club (Hose) Linda White (01664 822993)</p>	<p>Stathern Housing Matters Alison Shelton (07801 970883)</p>
<p>Brownie Guides (Harby) Viv Hewson (860354)</p>	<p>Stathern Neighbourhood Plan Justine Collins (07702 806685) or E: StathernNHP@gmail.com</p>
<p>Dog Wardens 860138 and 861341</p>	<p>Stathern Parish Council/Allotments Justine Collins (Clerk) 07702 806685</p>
<p>Eastwell History Group John Wood (01949 861836)</p>	<p>Stathern Primary School The School Secretary (860316)</p>
<p>FLAG (Framland Local Archaeological Group) Tony Connolly (01476 870072)</p>	<p>Stathern Recreation Association Daniel Swain (869690)</p>
<p>Friends of Stathern School Mary Swain (07966 082955) or Stathern Primary School</p>	<p>Stilton Striders Running Club E: stiltonstriders@yahoo.co.uk</p>
<p>Harby Girl Guides Amy Schofield (860723) harbyguides@gmail.com</p>	<p>The Vale Choir (Church Choir) Richard Hedley (861747)</p>
<p>Harby Harlequins Paul Steward (860112) Sally Fagan (860167)</p>	<p>Vale of Belvoir Ramblers 01949 836042 vbramblers@gmail.com</p>
<p>Long Clawson Cubs & Scouts Lisa Allen (07900 620819)</p>	<p>Village Library – Telephone Kiosk Sally Fagan 860167 fagan@dircon.co.uk</p>
<p>Neighbourhood Watch Coordinator Hilary Patterson (869198)</p>	<p>War Memorial Institute Alison Shelton (01949 833508) E: wmiquery@gmail.com</p>
<p>The Royal British Legion Liz Hourd (860332) or Graham Shipman (860874)</p>	<p>Women's Institute - Secretary E: karen.matthias@btinternet.com</p>

LOCAL BUSINESSES AND SERVICES

Village facilities

COFFEE SHOT

Fabulous cakes, tea & coffee, sandwiches, breakfast rolls, bread, milk, sweets, newspapers & lots more

Opening hours are:

Monday - Friday - 7:00am - 4.00pm for coffee 6:00pm for shop

Saturday - 8:00am-3.00pm

Sunday - 9:00am-1:00pm

Tel: 01949 869063

Website:www.coffee-shot.co.uk

POST OFFICE AT THE PLOUGH

Monday 9:00am - 1:00pm

Thursday 8:30am – 10:30am

Friday 9:00 am – 1:00pm

Local Services

BELVOIR FUELS

Suppliers of all household coal, charcoal and kindling.

Winter discount for pensioners

Station Yard, Harby Lane

Tel: 01949 860510

NICHOLSONS

General Building Work & Property Maintenance (based in Stathern)

Plastering, Rendering, Injection Damp

Proofing, Joinery, Plumbing, Kitchens &

Bathrooms, Home Maintenance,

Decorating, Conservatories, Extensions,

Driveways, Fencing and Roofing.

Concrete blocks made to specifications

Fully Insured

No job too big or too small

Call 01949 729505 or 07763 702379

CR HOME & GARDEN SERVICES

Getting around to the jobs you don't have time for. General home repairs, garden maintenance, fencing, landscaping, patios and grass cutting.

Tel: 01949 861880 – 07969 686157

STATHERN CLEANING SERVICES

Scott Wombwell -window cleaner, general outside maintenance including gutter clearing.

Tel: 0796 8948692

COMPUTER SOS

Computer repairs, new computer/laptops, refurbished equipment etc. Repairs undertaken in your own home.

Contact Brian Kirk

Tel:01949 861834 or 07894 352517

MOBILE HAIRDRESSER

Based in Stathern

Over 20 years experience

Very competitive prices

Call Samantha

Tel: 01949 860459 or 07963 745312

PHILLIP HARBY ELECTRICAL

We are a family run electrical contracting business with over 25 years experience in providing a full range of electrical services and installations.NICEIC registered contractor.

Tel: 01664 444 358 or 07702 022 682

STATHERN BASED HANDYMAN

ANY jobs around the house/garden considered. Contact Paul

Tel: 07734651356

Exercise and Leisure

HATHA YOGA FOR EVERYONE

Tuesday – Hose Village Hall 6 – 7:30pm

Thursday Eaton Village Hall 9 -10:30 am

Thursday Stathern WMI 7 - 8:30pm

Class sizes are limited.

£7 per class

Contact Erica on 07805 206976

PILATES

Stathern Village Hall (WMI)

Friday 9:00am – 10:00am

£7 per class (£5 for those doing online deal).

Limited spaces, bring your own mat.

Weekly pre-booking

Online Zoom Classes

Monday 5:00 – 6:00pm

Wednesday 9:30 – 10:30am

Saturday 9:30 – 10:30am

£6 per class (£10 weekly unlimited)

For more info call Alice on 07756 686682

31 DEGREES LEISURE DAYS

An exclusive Spa based in the village of Eastwell offering private Spas for groups of between 4 -14 people. For details see the website

www.31degreesleisuredays.co.uk

Contact Bridget on 07570 813212

BELVOIR OSTEOPATHY

Highly qualified and fully registered Osteopath located in the Vale of Belvoir (Harby). We provide medical expertise, hands on treatment and management of various conditions

To find out more go to

belvoirosteopathy.co.uk

Places to Stay

THE OLD NURSERIES

Boutique Bed and Breakfast in Stathern

www.theoldnurseriesbandb.com

Email:-deb.beevers@gmail.com

Telephone:- 01949 869167

/07976315912

Arts and Crafts

ART CLASS

Wednesday 10:00am - 12noon

Stathern Village Hall

£5 incl. tea/coffee and biscuits!

Beginners welcome.

Contact Erica on 07805 206976

Mums and Toddlers

PLAYGROUP

Every Friday during term time from 10:30am – 12:30pm.

Babies to school age; £2:25 per family Stathern WMI

Contact Alice Tranfield on

07756686682 or

alicetranfield@hotmail.com

Therapies

VALE OF BELVOIR COUNSELLING

3 City Road, Stathern

Individual, family or couples counselling.

Experience in issues including relationships, loss and bereavement, domestic and sexual violence, stress, anxiety, low self-esteem and anger management. Adults and children.

Telephone and skype sessions are also offered.

Contact Kathy for further information on 07773010498

www.valeofbelvoircounselling.co.uk

VALE THERAPY

Clinical Hypnotherapist, Mind Coach, PLR and NLP Sports Mind Coach.

Specialist areas include: anxiety and worry, habits and beliefs, childbirth trauma, confidence and self-esteem, bullying, gaslighting

& narcissism, exam stress, phobias, PTSD and cPTSD, stress management, trauma resolution. **Contact Louise Page on 07960**

839122, www.valetherapy.co.uk



Something new for 2022?

Enjoy exercise in convivial company without pounding the pavements or going to an expensive gym or class...

Have a go at the tradition of Morris dancing!

We are known to perform at some events or turn up at a pub, but September to April we practice in comfortable clothes and trainers, in Hose Village Hall.

Wednesday evenings 8-10 pm

Would you like to have a go, just to see what it's like?

We are running free taster sessions in January 2022

(A weekly charge of £3 is normally made to cover costs)



For more information e-mail newstgeorge@gmail.com
Or ring Liz on 01664 822751 or Jo on 01664 822119

